Short CV

PERSONAL DETAILS

Title: Jun.- Prof. Dr. Sportwiss.

Name: Thomas Schmidt

Date of birth: 24.10.1987 Nationality: German

Adress: Institute for Cardiology and Sports Medicine

German Sport University Cologne Am Sportpark Müngersdorf 6

50933 Köln

Phone: +49 221 4982 5075 Email: <u>t.schmidt@dshs-koeln.de</u>

ResearchGate: https://www.researchgate.net/profile/Thomas-Schmidt-73



2016 - 2018: Ph.D. (sports science)

German Sports University Cologne

Dissertation: "Physical capacity and hemodynamic changes in heart failure patients supported with a left ventricular assist device (LVAD)"

Grading: summa cum laude

2013 - 2016: M.A. (sports science)

German Sports University Cologne

Field: Rehabilitation, Prevention and Health Management

Grading: 1.4

2009 - 2013: B.A. (sports science)

German Sports University Cologne

Field: Sport and Health in Prevention and Therapy

Grading: 1.9

WORK EXPERIENCE

Since 2022: Assistant Professor for "Sports- and movement therapy in patients with

internal diseases".

Department of Preventive and Rehabilitative Sport and Exercise Medicine, Institute for Cardiology and Sports Medicine, German Sport

University Cologne

Research topics: rehabilitation, sports medicine, heart failure,

cardiovascular diseases, home-based exercise intervention

Since 2015: Research associate at Institute for Cardiovascular Research.

Schüchtermann-Klinik Bad Rothenfelde (integrated heart center)
Research topics: heart failure, LVAD, HTX, valvular heart disease,

rehabilitation, exercise training, sports medicine, telemedicine

AWARDS, SCIENTIFIC PUBLICATIONS, REVIEW ACTIVITIES, CONGRESSES

- First Price at the Science Award of the German Heart Foundation 2019
- Teaching Award of the German Sports University Cologne 2022
- 31 PubMed-listed peer review publications
- 45 published abstracts, textbook articles or non-PubMed-listed articles
- Review activities for 11 PubMed-listed peer review journals (e.g. Eur J Heart Fail)
- Advisory board member of the PubMed-listed journal: Die Rehabilitation (Thieme)
- Review activities for congresses of the European Society of Cardiology (ESC)
- Scientific conference committee of the 48th annual meeting of the German Society of Prevention and Rehabilitation of Cardiovascular Diseases (DGRP) – June 2022, Berlin
- Various invited presentations at scientific congresses (e.g. ESC Heart Failure).

CERTIFICATES, SOCIETIES, WORKING GROUPS AND DELEGATES

•	ICH-GCP	Good Clinical Practice (German drug law, German medical device law)
:	EAPC ESC DGK DGPR	European Association of Preventive Cardiology European Society of Cardiology German Society of Cardiology German Society of Prevention and Rehabilitation of Cardiovascular Diseases
:	S3 AG 17 AG 32 AG 33 AK VAD	Young DGK (DGK) Organ transplantation and mechanical circulatory support (DGK) Sports Cardiology (DGK) – as member of the nucleus Telemonitoring (DGK) Ventricular Assist Device (DGPR)

- Elected member (2023 2027) of the "commission for research and science" of the German Society of Prevention and Rehabilitation of Cardiovascular Diseases (DGPR)
- Appointed member of the committee for the S2k Guideline "preventive sports medical examination" lead by the German Association for Sports Medicine and Prevention (DGSP)

Cologne, October 2023

Schmidt

Thomas Schmidt