

Regulations for the implementation of face-to-face teaching
at the DSHS Cologne

(Implementation concept for face-to-face teaching)

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1 Preliminary remarks

Even two years after the beginning of the pandemic, the German Sport University Cologne is aware of its special responsibility in shaping studies and teaching within the framework of the given situation. In this context, it is still necessary to conscientiously weigh up opportunities and freedom on the one hand and risks on the other. In this balancing process, teaching events at universities are subject to their own guidelines, some of which differ from guidelines in other areas of life (e.g. sports clubs, fitness studios).

In principle, the President's Office continues to regard the implementation of teaching in attendance as a high good and advocates and supports in principle all measures that enable the implementation of events in attendance, insofar as this is justifiable in the context of the pandemic and complies with the current regulations of the state.

The President's Office assumes that the greatest possible security is created when holding face-to-face events and that all those involved (students, staff, lecturers, etc.) show the utmost conscientiousness and responsibility. This security requirement also applies in particular to behaviour on campus (e.g. entering and leaving courses).

Furthermore, all the regulations described below are in line with the current laws and regulations of the state of North Rhine-Westphalia (see also the "Hygiene and infection protection concept during the "Corona Covid 19" pandemic for the campus of the German Sport University Cologne" (campus hygiene concept) in its latest version as well as current information on our [Corona page](#)).

2 Subject matter

The present implementation concept regulates all measures of preventive behaviour and measures to protect against infection with the coronavirus before, during and after the implementation in face-to-face teaching events. The latest version of the campus hygiene concept also applies. Aspects of employment law and study law are regulated elsewhere; the respective groups are informed accordingly.

3 Framework

3.1 Framework of the state of NRW

The present regulations are subject to the legal framework of the State of North Rhine-Westphalia in its respective current versions, in particular the Corona Protection Ordinance - CoronaSchVO (i. f. CoronaSchVO).

3.2 Framework of the DSHS Köln

These regulations are subject to the resolutions of the President's Office of the DSHS Cologne in their respective current versions. Furthermore, the regulations are subject to the campus hygiene concept in its latest version.

3.3 Framework requirements of the Robert Koch Institute

These regulations are based on the recommendations of the Robert Koch Institute on conduct and hygiene standards and on infection control in their current version.

4 Prevention measures

4.1 Observance of the overarching campus hygiene concept

The overarching campus hygiene concept must be observed.

4.2 Condition and equipment of the sports facilities and rooms

Condition/equipment. In accordance with the campus hygiene concept, the university ensures adequate condition/equipment of the sports facilities or rooms, in particular with regard to adequate ventilation, cleaning of rooms, availability of educational material (see 5.1) and hygiene material (see 4.3).

Room capacity. The number of participants allowed in rooms and halls is based on the possible room capacity, which in the case of seminar rooms and lecture halls can usually be measured by the seating in the room.

Mouth-to-nose coverings. If mouth and nose coverings are recommended or prescribed, the participants must bring these themselves. The type and nature of the mouth/nose coverings (e.g. medical mask, everyday mask) is based on the requirements of the current CoronaSchVO and the current general decree of the Ministry of Labour, Health and Social Affairs of the State of North Rhine-Westphalia (MAGS).

4.3 Provision of hygiene material

The university provides the necessary hygiene materials for the individual events in accordance with the overarching campus hygiene concept, e.g.

- Liquid soap for washing hands
- Disposable paper towels
- Disinfectants (e.g. for sports equipment)
- Stationary disinfection points

5 Precautionary measures

5.1 Information

Students must be informed by lecturers in an appropriate form about behavioural prevention measures. The information must be provided at least once at the start of the attendance phase and repeated if necessary. Information is provided on behavioural and hygiene standards such as hand disinfection, cough and sneeze hygiene or distance rules.

5.2 Outdoor teaching and ventilation

As the risk of aerosol transmission is minimised outdoors, lessons should be held outdoors if the teaching conditions permit. If lessons are always scheduled outdoors, the teaching organisation should be informed in order to relocate the teaching site (LSF entry). When classes are held indoors, care should be taken to ensure adequate ventilation, which should be provided before, after and also as frequently as possible during the classes. During longer events (e.g. 60 minutes or more), short breaks should be used for "shock ventilation". For all ventilation, care should be taken to ensure an appropriate balance between protection against infection and protection against colds (e.g. remind students to have warm clothing available if necessary).

5.3 Disinfection of sports equipment, workplaces and hygiene behaviour

If possible and appropriate from a hygiene point of view, used sports equipment should be disinfected when changing course groups (i.e. between two courses). The task of disinfection can be transferred from the lecturer to the students if proper behaviour is ensured.

Student workplaces in seminar rooms or other work areas (e.g. lecture halls, library) should, if possible, be disinfected by the users before use (if necessary, under the guidance of supervisory staff or teaching staff). The university provides hygiene materials (see 4.3).

Appropriate hand hygiene (especially hand washing, possibly hand disinfection) must be carried out before and after each course. Lecturers are required to ensure the greatest possible ventilation between the individual courses (i.e. when changing groups).

5.4 Rules of conduct on access to events or before the start of events

Behaviour whilst accessing events or before the start of events is regulated by the hygiene concept (e.g. mask regulations) as well as by separate information (e.g. regulations on entering/exiting lectures). Lecturers are to inform students of these regulations.

Persons who are ill are not allowed to attend lectures if there is a risk that the disease is likely to be transmitted.

5.5 Behaviour during the conduct of events

The university management has decided to maintain the mask requirement for courses in the summer semester 2022 for the time being. We want to ensure the implementation of and participation in courses that would be endangered in the event of increased cases of illness or quarantine among teaching staff and students.

For this reason, the university requires students to wear masks at their seats during lectures if a distance of 1.5 m cannot be maintained. Masks are not compulsory in practical sports courses. Depending on the development of incidence rates, this regulation may be modified in the course of the semester.

First aid measures are still obligatory in the event of accidents and other emergencies. First aiders should use all possibilities of self-protection (e.g. wearing mouth and nose coverings).

Lecturers should use all other possibilities to reduce the risk of infection. This includes supervising the behaviour of the students and creating suitable teaching conditions (e.g. teaching outdoors, see 5.2 or enabling sufficient ventilation (e.g. open ceiling lights)).

In the case of external events (i.e. events held outside the campus of the DSHS Cologne), the regulations of the responsible hosts or authorities must be taken into account in addition to the regulations described here. In the case of events with overnight accommodation, behaviour outside of class hours is the responsibility of the participants. However, it is strongly recommended that all students and lecturers follow the applicable behavioural recommendations of the respective states or health authorities.

5.6 Further event-specific rules of conduct

The heads of the institutes or the programme leaders may recommend further regulations specific to a particular sport or course for a certain group of courses, on the basis of which the President's Office may adopt further regulations.

6 Dokumentation and monitoring

6.1 3G-monitoring

The university management has decided to maintain the 3G-status check for courses in the summer semester 2022 for the time being. In this way, we want to ensure the implementation of and participation in courses that would be at risk in the event of an increase in cases of illness or quarantine among teaching staff and students.

Vaccinated/recovered: The presence of a complete vaccination or recovery must be checked and documented by the lecturer at the first lesson (incl. official ID). For those who have recovered, proof of recovery must be available (e.g. entry in the Corona warning app or positive PCR test). Please note that the immunisation of convalescents is only valid for a limited period of time (according to the current regulations, the positive PCR test must be at least 28 days and at most 90 days old). For subsequent lessons, no further testing is necessary (however, the duration of immunity of convalescents must be taken into account). The check can be done as an analogue visual sample of the smartphone or the yellow vaccination card.

If lecturers wish to carry out a digital status check (COVID certificates of the EU for vaccinated, recovered or tested persons), the "CovPassCheck app" is to be used, with the help of which the corresponding QR code is scanned. When using the app, it must be ensured that the current operating system is installed on the mobile end device, that the device is blocked from access by unauthorised persons and that it is always kept under supervision. The app is compatible with iOS version 12 and Android version 6 or higher. You can find more information

about the app [here](#). A visual check of the official ID is also necessary for digital verification of the vaccination status.

Tested: For the remaining students, the presence of a citizen test (antigen rapid test) that is no more than 24 hours old must be checked and documented in each teaching unit.

6.2 Tracking

Currently, there is no more tracking of Corona infected persons in the health offices. Changes in the situation will be published in appropriate information sources.

6.3 Notification in case of infection

Procedures and reporting channels in the event of a confirmed infection with Covid-19 on the part of lecturers or students are described in the campus hygiene concept.

7 Responsibilities and measures in case of non-compliance

7.1 Responsibilities

The university management is responsible for the implementation of the preventive measures described under 4. Without prejudice to its responsibility, the university management delegates these tasks to the administration.

The responsible lecturer is responsible for the implementation of preventive measures during events. In particular, the lecturer decides whether a health- and safety-compliant course of instruction can be guaranteed. In case of suspected infection, lecturers are entitled to exclude students from the teaching unit (see 5.4).

The university management is responsible for the implementation of preventive measures on campus (outside the time immediately before, during and immediately after the courses) and delegates the implementation of these measures without prejudice to its responsibility to the administration or to staff responsible for this.

7.2 Measures in case of non-compliance

Students who noticeably violate the hygiene and safety regulations of the course should be reminded and admonished by the teaching staff.

Depending on the circumstances (e.g. severity of the violation), the student may be expelled from the class; the corresponding class is to be recorded as an absent lesson and the Prorectorate for Studies and Teaching is to be informed about the student's behaviour.

In massive or repeated cases, the lecturer can submit an informal, justified application for permanent exclusion from the course (decision by the Rectorate).

8 Entry into force and period of validity

The regulations apply until further notice and as long as no other resolutions or regulations of the Rectorate, the State of North Rhine-Westphalia or the City of Cologne (e.g. Health Department) contradict them.