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## Analysis of tetrahydroisoquinoline $\beta_2$ -agonists by GC-MS-ITD

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### Introduction

The use of  $\beta_2$ -agonists by athletes is restricted by the International Olympic Committee (IOC) due to their anabolic and stimulating effects<sup>1</sup>. Several methods are decribed in the literature for confirmation of  $\beta_2$ -agonists in human urine. The evaluation of the biotransformation process indicates that, with the presence of activating substituents (such as hydroxy groups) in positions 3 and/or 5 of their phenyl moiety,  $\beta_2$ -agonists are excreted as tetrahydroisoquinoline (THIQ) derivatives, that are described as phase I metabolites<sup>2</sup>. So, orciprenaline, isoprenaline and terbutaline may be excreted as unchanged, sulfoconjugated and as THIQ derivatives. Usually the Pictet-Spengler reaction (Figure 1) is used as a synthetic way to obtain THIQ derivatives<sup>2-4</sup>. Gas chromatography/ion trap detector (GC-ITD) has shown high sensitivity and selectivity for several doping agents, becoming an interesting option for confirmation of exogenous substances<sup>5</sup>.

Figure 1: Scheme for formation of THIQ derivatives through Pictet-Spengler reaction.

Our goal is to evaluate the use of GC-ITD in confirmation analysis of orciprenaline, isoprenaline and terbutaline as THIQ-TMS after derivatization with formaldehyde, followed by silylation with MSTFA:NH<sub>4</sub>I:2-mercaptoethanol.

## **Experimental**

<u>Sample Preparation</u>: Urine samples were processed according to the procedure described by Henze et al<sup>2</sup>., for screening analysis of  $\beta_2$ -agonists.

<u>Instrumental conditions</u>: The main instrumental GC-MS-ITD conditions are summarized in table 1.

Table 1. GC/MS-ITD iInstrumental conditions.

Gas Chromatograph (Varian 3800)				
Column:	Crosslinked Methyl Silicone Gum			
	17m x 0.2mm x 0.11μm film			
Flow Rate:	1mL/min / Pulse pressure 25 psi (0.85 min)			
Injection Temp*.	280°C			
Transfer Line Temp.	280°C			
Injection Mode	Split, 1:20			
Injection volume	$3\mu$ L			
Oven Program:	140°C, 20°C/min until 320°C			
(Total time = 12 min)				
Spectrometric parameters (Varian 2000)				
Target Tic	20000 counts			
Max Ionization Time	25000 ms			
Background Mass	90 m/z			
Ion Trap Temp.	220°C			
Amplitude	55 (volts)			
Wave form	Non-resonant			
RF (m/z)	81			
Fragmentation	Collision-induce dissociation (CID)			

<sup>\*</sup>Temp = Temperature.

#### Results

Due to their similar structures and retention times  $(t_R)$  or ciprenaline, isoprenaline and terbutaline derivatives were optimized with the same CID parameters. The chromatographic conditions used for the analysis of THIQ-TMS derivatives resulted in time saving, good resolution and very symmetric peaks. The CID parameters allows the detection of or ciprenaline and terbutaline in 1ppb with a signal / noise ratio higher than 3 (Figures 2 and Table 2).

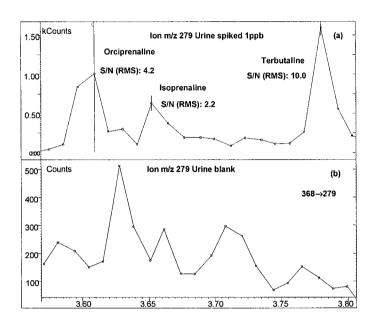


Figure 2. GC-MS-MS (ITD) fragment of m/z 279 from analysis of (a) urine sample spiked with 1 ppb of orciprenaline, isoprenaline and terbutaline and (b) blank urine. Amplitude 55 (volts), wave form non-ressonant, RF 81m/z, CID fragmentation.

Table 2. Parent ion, daugther ions, retention time, CID parameters for analytes and signal / noise ratio at 1ppb level in fortified urine.

Analytes	Parent Ion	Ion (intensity relative in %)	t <sub>R</sub> (min)	S/N Ration
Orciprenaline	368	279 (100%), 265 (72%), 251(70%)	3.61	4.2
Isoprenaline	368	265 (100%), 279 (71%), 251 (35%)	3.65	2.2
Terbutaline	368	279 (100%), 251 (61%), 265 (53%)	3.78	10.0

Despite of the S/N ration in 1ppb level is below 3, the detection limit for isoprenaline should be near 2 ppb. The lower level of detection reached by the GC-MS-ITD is better than the method low-resolution quadrupole MS (10 ng/mL)<sup>2</sup>. As indicated for Henzel et al.<sup>2</sup> the

Henzel et al.<sup>2</sup> the ciclization step does not interfere with the analysis of the  $\beta_2$ -agonists which structure do not permit THIQ formation, such as clenbuterol, cimaterol, cimbuterol, etc.

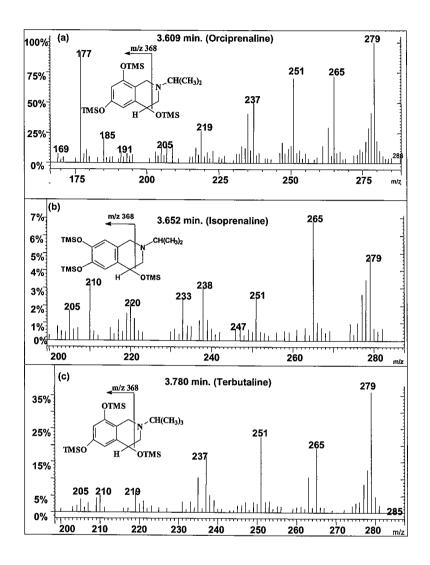


Figure 3. Full CID GC-MS-MS (ITD) spectra of (a) orciprenaline, (b) isoprenaline and (c) terbutaline THIQ-TMS. Amplitude 55 (volts), wave form non-ressonant, RF 81m/z, CID fragmentation.

The amount of formaldehyde necessary to convert all analytes in THIQ derivatives needs to be optimized. As formaldehyde is a final product of catabolism it is eliminated in urine in different amounts depending on diet, ingestion of drinks and ethnic groups. A preliminary study in urine from Brazilian athletes showed that the formation of  $\beta_2$ -agonists THIQ derivatives was of 100% at the concentration of formaldehyde  $\geq 0.08$ mg/mL of urine (Figure 4). GC-MS Agilent was used for this evaluation. This value is superior to the one described by Henze et al. (0.02mg/mL).

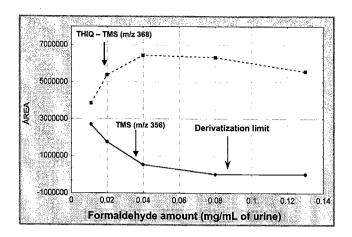


Figure 4. Percentage of THIQ derivatives x silyl derivatives as a function of formaldehyde concentration (0.01, 0.02, 0.04, 0.08, 0.13 mg/mL) in urine.

### Conclusion

These results indicate the potentiality of the technique as an independent confirmation procedure for these analytes due to their peculiar structure, increased S/N and decrease of the detection limits. From the best of our knowledge, this is the first report on the identification and quantification of tetrahydroisoquinoline derivatives of the  $\beta_2$ -agonists performed by GC-ITD. This approach can be used for confirmation of other  $\beta_2$ -agonists with activating substituents in positions 3 and/or 5 of their phenyl moiety, as fenoterol and isoetarine. At a first glance, the appropriated amount of formaldehyde to allow the maximum yield of the ciclization step requires a special attention, including the dietary behaviour and ethnic source.

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