Georgeta Bican, Valentin Pop, Carla Colev, Mia Lamor, Ileana Vâjialã

Optimization and validation of the quantification of morphine from urine by triple quadrupole LC/MS²

Research and Doping Control Department, Bucharest, Romania

Introduction

According to the WADA rules, morphine at a urinary concentration (free and glucuronide conjugate) greater than 1µg/ml constitutes an adverse analytical finding unless it may have been caused as a result of the administration of a permitted substance such as codeine [1,2]. The methods proposed for the quantification of morphine include GC/MS and LC/MS analysis [3-6]. Morphine analysis by GC/MS requires derivatisation; since the derivatisation step is time consuming and represents an additional source of uncertainty, LC/MS was the technique of choice.



Morphine C₁₇H₁₉NO₃, M=285

Materials and methods

Morphine and D3-morphine were purchased from National Measurement Institute – Australian Government, the beta-glucuronidase, type HP-2:, from *Helix Pomatia* from Sigma-Aldrich (USA), the TBME and the acetonitrile from Merck (Germany), and the ultra-pure water was obtained by using the filtration system Simplicity 185, Millipore (Great Britain).

Morphine glucuronides are enzymatically hydrolyzed by β -glucuronidase from *Helix Pomatia*, at pH 5.2 and 55^oC, for 3h. Free morphine is extracted from urine at pH 9.6 with TBME. After centrifugation, the organic layer is transferred into a fresh glass tube and evaporated to dryness. The residue is redissolved in 100µl methanol.

Instrument: triple quadrupole mass spectrometer Agilent 1200/6410 with ESI source.

| LC Paramete | rs Zorbax XDB-C8 at 30° C (150x4.6mm, part.size 5µm) 5mM NH ₄ HCOO, 1‰ formic acid in Millipore ultra-pure water 5mM NH ₄ HCOO, 1‰ formic acid in 90% acetonitrile + 10% water Time %A %B (min:sec) (ml/min) 0:00 95 5 0.6 6:00 95 5 0.6 7:00 30 70 0.6 12:00 30 70 0.6 12:10 95 5 0.6 20:00 95 5 0.6 | | | MS Parameters | | |
|----------------|--|-------------|------------|---------------|--------------------|--------------------------------|
| Column | Zorbax XD | B-C8 at 3 | 30^{0} C | | Ionization Mode | ESI positive |
| | (150x4.6mi | n, part.si | ze 5µm) | | Scan Type | MRM |
| Solvent A | 5mM NH ₄ HCOO, 1‰ formic acid | | Dwell time | 60ms | | |
| | in Millipore | e ultra-pu | re water | | | |
| Solvent B | 5mM NH ₄ HCOO, 1‰ formic acid | | | acid | Source Parameters | |
| | in 90% acet | tonitrile - | + 10% wat | er | ESI Drying Gas | N ₂ |
| LC Program | Time | %A | %B | Flow | Gas Temp | 350 ⁰ C |
| | (min:sec) | | | (ml/min) | Gas Flow | 10 l/min |
| | 0:00 | 95 | 5 | 0.6 | ESI Nebulizing Gas | 345kPa N ₂ |
| | 6:00 | 95 | 5 | 0.6 | Collision Gas | ultrapure (5.0) N ₂ |
| | 7:00 | 30 | 70 | 0.6 | Capillary voltage | 4000V |
| | 12:00 | 30 | 70 | 0.6 | | |
| | 12:10 | 95 | 5 | 0.6 | Delta EMV | 300V |
| | 20:00 | 95 | 5 | 0.6 | | |
| Injection Volu | ume 1 µl | | | | | |

Table 1. Triple quadrupole LC/MS² Agilent 1200/6410 parameters

Results and discussions

Morphine forms precursor ions by protonation, $[M+H]^+$, m/z 286 for morphine and m/z 289 for ISTD D3-morphine. In figure 1 is shown the product ion mass spectrum generated by the precursor ion for morphine, m/z 286, at 50eV collision energy.

The selected MRM transitions and their relative abundance are shown in table 2. The MRM transition 286>165 of morphine and 289>165 of ISTD D3-morphine are used for quantification.

| Compound | RT | MRM, collision energy | Relative abundance |
|------------------|-----------|-----------------------|--------------------|
| Morphine | 7.086 min | 286>165, 50eV | 100% |
| | | 286>153, 40eV | 78.7% |
| | | 286>128, 60eV | 78.5% |
| | | 286>115, 60eV | 53.3% |
| ISTD D3-Morphine | 7.019 min | 289>165, 50eV | 100% |
| | | 289>201, 25eV | 81.2% |

Table 2. Characteristic parameters for morphine identification

Assay validation [7]

1. Intermediate precision

The intermediate precision was calculated analyzing 3 series of 6 control samples (different blank urines spiked with 1000ng/ml morphine and 500ng/ml ISTD D3-morphine). The 3 series were extracted at 3 different dates, during 3 weeks, by different analysts and injected once. The intermediate precision was 3.33% (less than 10%).

2. Robustness

There were prepared 5 urine samples spiked with 1000ng/ml morphine and 500ng/ml ISTD D3-morphine. The samples were analyzed one time with the standard set of analytical

parameters and 5 times with one parameter changed: LC column temperature (30 to 25° C), mobile phase composition (5% to 6%B), drying gas temperature (350 to 345° C), drying gas flow (10 to 9L/min), nebulizing gas pressure (50 to 45psi).

The analysis of the experimental data proved that the minor variation of these parameters has no significant effect on the method performance; and therefore the method is robust.

3. Carryover

Morphine area in the blank urine sample injected after a control sample spiked with 5000ng/ml morphine (5 times the threshold value) represents 0.04% (less than 5%) of morphine area in the spiked sample.

4. Specificity and matrix interferences

Specificity was evaluated by analyzing 6 different blanks of urine and a positive control sample. The positive control sample was blank urine spiked with 1000ng/ml morphine and 500ng/ml ISTD D3-morphine.

No interferences were noticed in the blank urine samples analyzed, at the retention time of morphine and D3-morphine, in the monitored MRM transitions.

5. Limit of quantification and limit of detection

The limit of quantification is 269ng/ml. It was calculated from the calibration curve data.

At a urinary concentration of morphine of 50ng/ml, the signal to noise ratios obtained are significantly higher than 3, for all four characteristic MRM transitions of morphine; the chromatogram is shown in figure 2. Therefore the limit of detection is < 50ng/ml.

6. Linearity

A calibration curve for morphine was generated using blank urine spiked at 500, 750, 1000, 1250, 1500, 1750 and 2000ng/ml.

The calibration curve is linear within the selected range. The calibration equation is y = 0.0023x + 0.0286; the linear correlation coefficient for morphine $r^2 = 0.9975$.

7. Uncertainty

The total uncertainty was evaluated by combining the uncertainties introduced by:

- Reference Materials: purity and weighing uncertainty;
- Solutions preparation: volume uncertainty;
- Calibration curve: standard deviation of the analytical result (sx₀);
- Analytic equipment: instrument repeatability;
- Method: method repeatability.

The extended uncertainty, for k=2 and confidence interval 95%, U = 7.76%.

The contribution of different uncertainty sources are shown in figure 4.



Figure 1. Product Ion mass spectrum of Morphine $([M+H]^+=286)$ using a CE of 50eV.



Figure 3. Calibration curve for morphine.



Figure 2. S/N ratios at 50ng/ml.



Figure 4. Budget of uncertainty.

Acknowledgements

The authors wish to thank the Romanian National Anti-Doping Agency for support.

References

- World Anti-Doping Agency. The 2009 Prohibited List. International Standard, Montreal (2009) http://www.wada-ama.org/rtecontent/document/2009_Prohibited_List_ENG_Final _20_Sept_08.pdf (access date 23.09.2009)
- PERFORMANCE_LEVELS_TD_v1_0_January_2009.pdf (access date 23.09.2009)
- 3. Spyridaki M.-H., Kiousi P., Vonaparti A., Zonaras V., Zahariou M., Sianos E., Tsoupras G., Georgakopoulos C. (2006) Doping control analysis in human urine by liquid chromatography-electrospray ionization ion trap mass spectrometry for the Olympic Games Athens 2004: Determination of corticosteroids and quantification of ephedrines, salbutamol and morphine. *Analitica Chimica Acta* **573-574**, 242-249.
- 4. Van Thuyne W., Van Eenoo P., Delbeke F. T. (2003) Urinary concentrations of morphine after ther administration of herbal teas containing *Papaveris fructus* in relation to doping analysis. *Journal of Chromatography B* 785, 245-251.
- 5. Strano-Rossi S., Molaioni F., Rossi F., Botrè F. (2005) Rapid screening of drugs of abuse and their metabolites by gas chromatography/mass spectrometry: application to urinalysis. *Rapid Communications Mass Spectrometry* **19**, 1529-1535.
- 6. Hubschmann H.-J. (2001) Detection of Morphine Derivatives. In: Wiley-VCH (eds.) *Handbook of GC/MS: Fundamentals and Applications*, pp 500-503.
- World Anti-Doping Agency. The International Standard for Laboratories 2009 (version 6.0), Montreal (2009) http://www.wada-ama.org/rtecontent/document/International_ Standard_for_Laboratories_v6_0_January_2009.pdf (access date 23.09.2009)