



Deutsche
Sporthochschule Köln
German Sport University Cologne

Institut für Europäische
Sportentwicklung und Freizeitforschung
Institute of European Sport Development
and Leisure Studies

Academic Summer School Program 2026



13th to 31th July, 2026
A 3-Week Onsite Adventure in Europe + A 3-Day Online Follow-up



Overview



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The ASSP at the German Sport University Cologne

The Institute of Sport Development and Leisure Studies at the German Sport University offers an annually repeating **Academic Summer School Program (ASSP)** since 2016. Target groups are either Bachelor, Master, and Doctoral students from Chinese (sport) universities or higher educational institutions of sports, as well as professionals with working experience in the field of sports. In 2026, the ASSP will be held in a **hybrid mode with a 3-week onsite adventure in Europe plus a 3-day online follow-up** covering six theoretical learning modules, as well as several sports practices and field trips that give you insight regarding leisure, tourism, and sport in Germany and Europe.

作为德国唯一一所体育大学的学术机构，欧洲体育发展与休闲研究学院自2016年起每年为中国（体育）大学或体育高等院校的学士、硕士、博士生，以及对体育感兴趣的在职专业人士提供“学术暑期研修班项目”。2026年学术暑期研修班项目将以**线上+线下的混合模式**进行，包含为期三周的线下欧洲探险，加上三天的线上跟进。整个项目将涵盖六个理论学习模块，以及若干体育事件和实地考察，让你对德国和欧洲的休闲、旅游和体育产生深入了解。

“ The ASSP will give you an insight into out-of-the-box thinking in sports, and invites you to reflect on current top issues.”

“学术夏令营项目将让你深入了解体育领域的前沿思想，并引起你对更多重大问题的思考。”

—— 德国科隆体育大学 欧洲体育发展与休闲研究学院院长 & ASSP 学术负责人：约尔根-米塔格教授



 欧洲体育最高学府 顶尖教授零距离接触

 官方结业证书 科隆体育大学官方一手信息

 名校学术氛围 提升专业知识及科研能力

 全英文国际课堂 拓宽视野 提升语言水平

ASSP 2026 Course Facts



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✓ Entry Requirements 录取条件

The language of the program is English. Applicants are expected to be proficient in English and need to prove their language skills by providing qualification documents such as:

- ▶ CET 4 or CET 6/ IELTS or TOEFL Certification 大学英语四级或更高

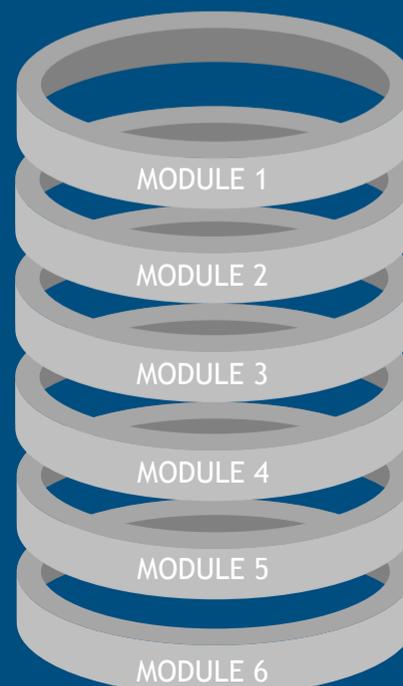
✓ Program Arrangement 项目安排

A 3-week onsite adventure in Europe:

- ▶ From 13th to 31st July, 2026 with max. 35 participants
- ▶ 48-hour theoretical learning with 6 Modules, each Module contains two 3-hour Lectures and one 2-hour Tutorial
- ▶ Special Sessions on World Cup 2026
- ▶ 12-hour practical experience with 6 sports sessions
- ▶ 4 field studies adventuring including the city of Cologne, Eifel National Park, the de facto capital of the European Union — Brussels, and Deutsches Sport and Olympic Museum (*specific arrangements of the field studies are based on the schedule after the confirmation of participation)

A 3-day online follow-up:

- ▶ Awaiting further notice, expected to be scheduled within two weeks at the end of the ASSP 2025
- ▶ Review + Program Report
- ▶ Individual Talks with professors (30 mins each)
- ▶ Voluntary participation by individual arrangement



理论学习模块一：社会科学研究基础
Foundation of Social Science Research

理论学习模块二：欧洲体育发展
European Sport Development

理论学习模块三：奥林匹克研究
Olympic Studies

理论学习模块四：体育媒体
Sport Media

理论学习模块五：大型体育赛事和媒体
Mega Sporting Events and Media

理论学习模块六：休闲体育和学校体育
Leisure Sport and School Sport

ASSP Schedule (2025 as a reference)

IESF Academic Summer School Program 2025

Date	Time	Activity	Date	Time	Activity	Date	Time	Activity
MON. 14	11:00-12:00	Opening Ceremony	MON. 21	9:00-12:00	Guest Lecture: Game Analysis Univ.-Prof. Dr. Daniel Memmert	MON. 28	9:00-12:00	Lecture 2.2 Sport Sociology Dr. Hendrik Thedinga
	14:00-16:00	Tutorial 1. Introduction Univ. Prof. Dr. Jürgen Mittag + M. A. Danlin Wu		13:00-18:00	Group Adventure Historical Visiting of Museums and Kölner Dom		14:00-17:00	Sport: Bouldering M. A. Danlin Wu + Yuheng Tong
	18:00-20:00	Welcome Night						
TUE. 15	9:00-12:00	Lecture 1.1 Foundation of Social Science Research Dr. Maximilian Seltmann	TUE. 22	9:00-12:00	Lecture 1.2 Foundation of Social Science Research Dr. Maximilian Seltmann	TUE. 29	9:00-12:00	Lecture 5.2 Sport and Education in Germany Univ. Prof. Dr. Jürgen Mittag
	14:00-16:00	Tutorial 2 M. A. Niklas Hack		14:00-17:00	Lecture 3.2 Sport Media Jun.-Prof. Dr. Daniel Nölleke		14:00-17:00	Sport: Mini Golf M. A. Niklas Hack
	17:30-20:00	Group Adventure Weiden Zentrum or Neumarkt						
WED. 16	9:00-12:00	Lecture 4.1 European Sport Systems Dr. Till Müller-Schoell	WED. 23	9:00-12:00	Lecture 4.2 European Sport Systems Dr. Till Müller-Schoell	WED. 30	9:00-12:00	Lecture 6.2 High-performance Sports in Europe Univ.-Prof. Dr. Jürgen Mittag
	14:00-16:00	Tutorial 3 M. A. Niklas Hack		14:00-17:00	Lecture 2.1 Olympic Studies and German Sports History Prof. Dr. Jia Miao		14:00-16:00	Tutorial 4 Review and Feedback
	17:30-20:00	Sport: Jahnwiese Hiking M. A. Danlin Wu + Yuheng Tong						
THU. 17	9:00-12:00	Lecture 5.1 Sport Clubs in Germany Univ.-Prof. Dr. Jürgen Mittag	THU. 24	9:00-12:00	Lecture 6.1 Introduction to Leisure Sport Univ. Prof. Dr. Jürgen Mittag	THU. 31	9:00-11:00	Tutorial 5 Written Exam
	14:00-17:00	Lecture 3.1 Sport Media Dr. Jörg-Uwe Nieland		Field Trip to German Sport & Olympia Museum Brief Journey through Olympic - and German Sports History			16:00-20:00	Closing Ceremony
FRI. 18	Field Trip to Brussels A Historical City Walk through the European Union, Atomium, and King Baudouin Stadium		FRI. 25	Field Trip to Bleibtreusee: Leisure Sport and Water Skiing		FRI. 1	10:00-12:00	Tutorial 6 Sharing Salon
SAT. 19			SAT. 26	City Walk in Cologne Traditional German Dishes and Cruise		FRI. 1	13:00-18:00	Free Activity
SUN. 20	Field Trip to Essen Rhine-Ruhr 2025 FISU World University Games Summer		SUN. 27	Field Trip to Dortmund A Guided Tour in the World of European Football		SAT. 2	Departure	

Organization 组织安排

▶ Application Deadline: April 17, 2026 (Friday)

▶ **Host:** Institute of European Sport Development and Leisure Studies (IESF)
 German Sport University Cologne (GSU)
 Am Sportpark Müngersdor 6, 50933, Köln

* The IESF takes care of all relevant academic matters and the content of the ASSP 2026, including the preparation and implementation of all lectures and tutorials. Other arrangements including accommodation, meals, seminar rooms, field studies, and individual activities will be organized by the partner organization, namely Euro-China Sport Development Association e.V. (ECSDA)

- ▶ **Flight and Visa:** organized by participants individually
- ▶ **Accommodation and Meals:** the Guest House of GSU

ASSP 2025 期待你的加入!

更多活动详情请参考IESF学院中欧体育政策研究中心主页





申请 Application

- 申请截止日期：2026年4月17日(周五)*
- 申请方式：请与各校相关负责老师联系
- 缴费方式：请与各校相关负责老师联系

*获取最新资讯，请联系：

吴丹琳 博士研究生

德国科隆体育大学 欧洲体育发展与研究学院助理研究员

中国高校学术交流与合作协调负责人

邮箱：d.wu@dshs-koeln.de

电话：+86 13971665283（微信） or +49 17686099463



主办单位



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协办单位



欧中体育发展协会
Euro-China Sport Development Association e.V.