Module handbook

M.Sc. Human Technology in Sports and Medicine [M.Sc. TSM]

Valid for first-year students: Winter term 2014/15 onward





The central aim of the M.Sc. Human Technology in Sports and Medicine is to provide students with the essential skills required to assess, develop and improve sport equipment as well as medical technologies. The understanding of the interaction of the human neuro-musculo-skelettal system with sports and medical technology and with other external physical variables is the fundamental aspects in the program. Students will gain skills in problem-solving and innovative thinking along with extensive knowledge in developing sports and medicine products as well as special skills in developing methods and tools for the improvement of training and performance assessment.

The following learning outcomes are at the core of the entire program:

#### Professional competence

- A. Knowledge and Comprehension
  - Graduates will
  - gain fundamental knowledge to understand the mechanical behavior of material, technology and specific devices in sports and medicine
  - gain fundamental knowledge to facilitate tests, data collection and analysis
  - gain fundamental knowledge to understand the behavior of the human neuro-musculo-skeletal system and its response to mechanical load variations
  - gain fundamental knowledge to understand the interaction of the human neuro-musculoskeletal system and technology
- B. Application and realization
  - Graduates will
  - apply and transfer their knowledge to general and specific challenges in the field of human movement, loading of the human neuro-musculo-skeletal system as well as sports and medical technology
  - apply their knowledge in specific research questions
  - apply their knowledge in research projects
- C. Analysis and Evaluation

Graduates will

- be able to conduct analyses of loading and loading response of the human neuro-musculoskeletal system and technology
- be able to conduct analyses of the mechanical properties and mechanical behavior of materials, structures and devices of technology in sports and medicine
- D. Development and improvement

Graduates will

- learn basics in construction of technological devices
- learn to conceive and develop tests, test designs and laboratories for technology in sports and medicine
- learn to conceive, develop and improve existing diagnostic tools

## Methodological competence

A. Knowledge and Comprehension

Graduates will

- gain fundamental knowledge to facilitate analyses of complex data sources
- gain fundamental knowledge to conduct scientific and industrial research
- gain fundamental knowledge to design and conduct scientific research studies in the broader field of technology in sports and medicine
- gain fundamental knowledge for indirect quantification of loading situations of the human musculo-skeletal system
- B. Application and realization

Graduates will

- apply their methodological knowledge in specific research projects
- apply their methodological knowledge in industrial and "real life" settings

# Learning outcomes



- C. Analysis and Evaluation
- D. Development and improvement

### Social competence

- A. Knowledge and Comprehension
- B. Application and realization Graduates will
  - apply their individual skills in group situations
  - apply their individual skills in team work projects
- C. Analysis and Evaluation
- D. Development and improvement
  - Graduates will
  - develop and improve skills in team work projects
  - develop and improve skills in group situations

### Self-competence

- A. Knowledge and Comprehension
- B. Application and realization
- C. Analysis and Evaluation
- D. Development and improvement

Considering the size of rapidly growing global sports and medicine market, graduates will be able to work as leading sports and medical technology specialists in multi- and trans-disciplinary teams in the global industry, research organizations and universities. The M.Sc. Human Technology in Sports and Medicine degree allows for consecutive postgraduate studies earning a doctor's degree.



**Basics I - Mathematics & Physics** 

Study Programm:

Valid for first-year students:

M.Sc. Human Technology in Sports and Medicine (M.Sc. TSM) Winter term 2014/15 onward

| German module titl e                           | Mathematics and Physics   |
|--|---|
| Abbreviation                                   | TSM1  |
| Subject related semester / Duration            | 1.SRS/1   |
| Total Workload/Total ECTS points               | 180 h / 6   |
| Courses of the module                          |   |
| Title  | a) Mathematics and Physics  |
| Semester hours per week / Contact time / Self- | 2 SHW / 30 h / 60 h / 1. SRS / SE / English / no  |
| study / Semester of study / Type of class /    | b) Mathematics and Physics  |
| Language of instruction / Mandatory            | 2 SHW / 30 h / 60 h / 1. SRS / TUT / English / no   |
| attendance                                     |   |
| Key competencies / Learning outcomes           | The students will earn, expand and deepen basics in<br>mathematics and physics in order to plan, construct and<br>evaluate devices and technologies sports and medicine.<br>They will be enabled to advance methods of evaluation and<br>diagnostics. The lab exercises serve to deepen and<br>practically experience the theoretical content of teaching.  |
| Central contents                               | Equations and Inequalities  |
| Central contents                               | <ul> <li>Equations and Inequalities <ul> <li>Linear and quadratic equations</li> <li>Equations of third and higher level, root equations, inequalities, systems of linear equations</li> </ul> </li> <li>Vector algebra <ul> <li>Vectors in the 2- and 3-dimensional space</li> <li>Applications in geometry</li> </ul> </li> <li>Functions and curves <ul> <li>Transformations of coordinates, limit and continuity of a function</li> <li>Rational and broken rational functions, algebraic and trigonometric functions</li> <li>Exponential, Hyperbolic and Inverse Hyperbolic functions</li> </ul> </li> <li>Differential and integral calculus <ul> <li>Differential and integral calculus</li> <li>Integration Methods</li> </ul> </li> </ul> |
|  | <ul> <li>Matrices and determinants, eigenvalues and<br/>eigenvectors</li> <li>Differential equations         <ul> <li>Differential Equations 1 and 2 organization</li> <li>Numerical integration</li> </ul> </li> <li>Deviation and equalization calculus Mechanics of rigid bodies         <ul> <li>Kinematics and kinetics of the center of mass, relative motion of the center of mass</li> <li>Kinematics and kinetics of the rigid body, translation and rotation of the rigid body</li> <li>multi body systems</li> <li>Vibration and shock</li> </ul> </li> </ul>  |



|   | Fluid mechanics                                     |
|---|---|
|   | Aerodynamics  |
| Key qualifications                        | Knowledgeenhancement                                |
|   | Mathematical expertise                              |
| Teaching and learning methods             | Frontal teaching                                    |
|   | Group work  |
| Recommended literature                    | Papula (2009): Mathematik für Ingenieure und        |
|   | Naturwissenschaftler. Vieweg + Teubner. Wiesbaden   |
|   |   |
|   | Bergmann, Schaefer (1990): Lehrbuch der             |
|   | Experi mental physik - Mechanik, Akustik, Wärme. De |
|   | Gruyter. Berlin, New York                           |
| Type of module                            | compulsory  |
| Prerequisites                             | See <u>Overview Prerequisites</u>                   |
| Intermediate assessment                   | Written exercises and written test examination      |
| Assessment / extent / share of the module | Written examination                                 |
| grade                                     |   |
| Module commissioner                       | See Overview Module Commissioners                   |



**Basics II – Biomechanics** 

Study Programm:

Valid for first-year students:

M.Sc. Human Technology in Sports and Medicine (M.Sc. TSM) Winter term 2014/15 onward

| German module title                            | Biomechanics and Mechanobiology                                |
|--|--|
| Abbreviation                                   | TSM2   |
| Subject related semester / Duration            | 1.SRS/1  |
| Total Workload / Total ECTS points             | 300 h / 10   |
| Courses of the module                          |  |
| Title  | a) Biomechanics  |
| Semester hours per week / Contact time / Self- | 2 SHW / 30 h / 45 h / 1. SRS / SE / English / no               |
| study / Semester of study / Type of class /    | b) Mechanobiology  |
| Language of instruction / Mandatory            | 2 SHW / 30 h / 45 h / 1. SRS / SE / English / no               |
| attendance                                     | c) Ergonomics  |
|  | 2 SHW / 30 h / 45 h / 1. SRS / SE / English / no               |
|  | d) Biomechanics and Mechanobiology                             |
|  | 2 SHW / 30 h / 45 h / 1. SRS / TUT / English / no              |
| Key competencies / Learning outcomes           | The students should gain and improve fundamental skills in     |
|  | biomechanics, mechanobiology and ergonomics. They learn        |
|  | how to plan, to design, and to evaluate sport equipment        |
|  | and other technologies in sport and medicine with regard to    |
|  | the mechanical loading of the musculoskeletal system. They     |
|  | should be prepared to understand and to develop methods        |
|  | of biomechanical evaluation and diagnostics. The students      |
|  | will receive the anthropometric and ergonomic                  |
|  | requirements and background information for an                 |
|  | independent development, construction and evaluation of        |
|  | sport related apparatus and technologies, orthopaedic aids     |
|  | and other medical technologies with respect to the             |
|  | geometry of the human body, the human body's joints, the       |
|  | biological structures and tissues, the kinematics and kinetics |
|  | of the muscular drives and their motor control capacity.       |
|  | Students will be enabled to evaluate sports and medical        |
|  | equipment, apparatus or playing grounds and apparel from       |
|  | an ergonomic, a biomechanical and a biological standpoint.     |
|  | The purpose of the tutorial is to apply the acquired           |
|  | knowledge on practical examples.                               |
| Central contents                               | Kinematics of human motion                                     |
|  | Kinetics of human motion                                       |
|  | Muscle biomechanics  |
|  | Anthropometry of the human body and its segments               |
|  | Age-and gender-specific body geometry and                      |
|  | anthropometry Inertial characteristic of the human             |
|  | body and the body segments                                     |
|  | Joint mechanics (joint kinematics, joint stiffness,            |
|  | intraarticular I oading)                                       |
|  | • External contact forces in sports, activities of daily life  |



|   | <ul> <li>and rehabilitation</li> <li>Joint moments and forces, joint power</li> <li>Local biological effects of contact forces</li> <li>Stress and strain in biological tissues</li> <li>Mechanical properties of biological tissues: bone, cartilage, ligaments, tendons and muscles</li> <li>Measurement techniques: direct kinetics, optical kinetics, dynamics, electromyography</li> </ul> |
|---|---|
| Key qualifications                        | Knowledgeenhancement  |
|   | Scientific expertise  |
| Teaching and learning methods             | Teacher-centered teaching, presentations, group work  |
| Recommended literature                    |   |
| Type of module (compulsory / elective)    | Compulsory  |
| Prerequisites                             | See Overview Prerequisites  |
| Intermediate assessment                   | Yes, details will be given at the beginning of the courses  |
| Assessment / extent / share of the module | Written examination   |
| grade                                     |   |
| Modulecommissioner                        | See Overview Module Commissioners   |



Study Programm:

Valid for first-year students:

Basics III - Data management & -analysis M.Sc. Human Technology in Sports and Medicine (M.Sc. TSM) Winter term 2014/15 onward

| Titel   | Data management and data analysis  |
|---|--|
| Identification                                | MA-TSM3  |
| Semester of study / Duration (Semester)       | 1 (only fall/winter) / 1   |
| Overall Workload (h) / ECTS-Points (in total) | 240/8  |
| Courses of the module                         |  |
| hours per week / Workload (contact time) /    | a) Data management /programming  |
| Workload (independent learning) / Semester of | 2 / 30 h / 60 h / 1 / seminar / 3 / No   |
| study / type of class / credit points /       | b) Advanced statistics   |
| compulsory attendance                         | 2 / 30 h / 60 h / 1 / seminar / 3 / No   |
|   | c) Data management/programming   |
|   | 2 / 30 h / 30 h / 1 / tutorial / 2 / No  |
| Key competencies / Learning outcomes          | The students will receive an introduction to the most                                      |
|   | relevant models, procedures and methods of data  |
|   | management and data analysis. Modern statistical   |
|   | techniques and models will improve the competency in                                       |
|   | statistical data analysis.   |
|   | Students will learn to design computer programs for data                                   |
|   | management and further data analysis. They will be trained                                 |
|   | to apply statistical tools for multi factorial data analysis,                              |
|   | functional data analysis, time dependent non-conventional                                  |
|   | statistical approaches, and pattern recognition techniques.                                |
|   | The purpose of the tutorial is to apply the acquired                                       |
| Central contents                              | knowledge on practical examples.<br>Structured programming and object oriented programming |
|   | Different computer programming languages:  |
|   | Compiler, interpreter and assembler  |
|   | Different integrated development environments (IDE)  |
|   | Data types, variables and constants  |
|   | Basic control structures (statements and loops)  |
|   | Computer programming:  |
|   | - Operators  |
|   | - Exceptions   |
|   | - Classes, objects and methods   |
|   | - Events and properties  |
|   | - Threads  |
|   | - Designing, testing and debugging source code   |
|   | Algorithms:  |
|   | - Sorting algorithms   |
|   | - Searching algorithms   |
|   | Software engineering   |
|   | Revision of basic statistical principles, techniques and                                   |
|   | terminology  |
|   | Theory and application of statistical modeling techniques                                  |
|   | (linear models, advanced statistical modeling approaches)                                  |
|   | Functional data analysis (functional data theory, functional                               |



|                               | descriptive statistics, principle component analysis,<br>advanced functional data analysis techniques)<br>Pattern recognition and classification techniques<br>(unsupervised learning algorithms: e.g. cluster analysis<br>techniques, neuronal network techniques;<br>supervised learning algorithms: e.g. discriminate analysis,<br>support vector machine techniques) |
|-------------------------------|--|
| Teaching and learning methods | Teacher-centered teaching, project orientated learning, group work   |
| Recommended literature        |  |
| Type of module                | compulsory   |
| Prerequisites                 | See <u>Overview Prerequisites</u>  |
| Intermediate assessment       |  |
| Assessment                    | Written examination  |
| Weight of module              |  |
| Module commissioner           | See Overview Module Commissioners  |



Basics IV - Material & construction

Study Programm:

Valid for first-year students:

M.Sc. Human Technology in Sports and Medicine (M.Sc. TSM) Winter term 2014/15 onward

| German module title                            | Material & construction  |
|--|--|
| Abbreviation                                   | TSM4   |
| Subject related semester / Duration            | 1.SRS/1  |
| Total Workload/Total ECTS points               | 180 h / 6  |
| Courses of the module                          |  |
| Title  | a) Material and construction   |
| Semester hours per week / Contact time / Self- | 2 SHW / 30 h / 60 h / 1. SRS / SE / English / no   |
| study/Semester of study/Type of class/         |  |
| Language of instruction / Mandatory            | <ul> <li>b) Material and construction</li> <li>2 SHW / 30 h / 60 h / 1. SRS / TUT / English / no</li> </ul>  |
|  | 2 SHW / SUTT / OUT / 1. SKS / TOT / English / Ho   |
| attendance                                     |  |
| Key competencies / Learning outcomes           | The students will learn the most important materials and<br>fundamentals of the construction apprentices hip. Materials,<br>design features and construction forms which are used in<br>sports devices and a thletic aids, in orthopaedic aids, joint<br>replacement and implants will be questioned critically.<br>Properties of different materials and above all potential<br>failure spots and hazard points as well as corresponding<br>solutions will be worked out and developed. Opportunities<br>of ins pection and testing are explained in detail and<br>deepened by practical exercises. The students should be<br>enabled to independently evaluate and examine the<br>material and constructions of devices in s ports and medicine<br>from a material, constructional and user point of view.<br>By regarding specific examples the practice allows |
| Central contents                               | deepening and practical rehearsing of the previous lesson.<br>Materials  |
| Central contents                               | <ul> <li>Types of material</li> <li>Types of material</li> <li>Structure, properties, processing</li> <li>Surroundings and material performance</li> <li>Atomic structure of solid bodies</li> <li>Failure of the atomic structure of solid bodies</li> <li>Diffusion of atoms in solid bodies</li> <li>Control of the microstructure and the mechanical properties</li> <li>of materials</li> <li>Mechanical testing methods and properties</li> <li>Cryo solidification and relaxation</li> <li>Technical materials</li> <li>Ferrous alloys</li> <li>Non-ferrous metals</li> <li>Ceramic material</li> <li>Polymers</li> <li>Composite materials</li> <li>Electric properties</li> <li>Magnetic properties</li> <li>Optical properties</li> <li>Thermal properties</li> </ul>  |



|   | General construction apprenticeship<br>Special construction of articulated connections<br>Construction of drives |
|---|--|
| Key qualifications                        | Knowledgeenhancement   |
|   | Problemsolving   |
| Teachingandlearning methods               | Teacher-centered teaching, group work  |
| Recommended literature                    | Information will be given at start of term   |
| Type of module                            | compulsory   |
| Prerequisites                             | See <u>Overview Prerequisites</u>  |
| Intermediate assessment                   | Written exercises and written test examination   |
| Assessment / extent / share of the module | Written examination  |
| grade                                     |  |
| Modulecommissioner                        | See Overview Module Commissioners  |



Technology I - Orthopaedic technologies

Study Programm:

Valid for first-year students:

M.Sc. Human Technology in Sports and Medicine (M.Sc. TSM) Winter term 2014/15 onward

| German module title                            | Orthopaedictechnologies   |
|--|---|
| Abbreviation                                   | TSM5  |
| Subject related semester / Duration            | 2. SRS / 2  |
| Total Workload / Total ECTS points             | 180 h / 6   |
| Courses of the module                          |   |
| Title  | a) Orthopaedicaids, prostheses, orthoses, exo skeletons,  |
| Semester hours per week / Contact time / Self- | robots  |
| study / Semester of study / Type of class /    | 2 SHW / 30 h / 60 h / 2. SRS / SE / English / no  |
| Language of instruction / Mandatory            | b) Joint replacements and implants  |
| attendance                                     | 2 SHW / 30 h / 60 h / 2. SRS / SE / English / no  |
| Key competencies / Learning outcomes           | The students will get to know the most important orthopaedic<br>aids with special consideration of prostheses and orthoses,<br>total joint replacements and implants critically discussing used<br>materials, design elements and shapes of the different aids as<br>well as their fields of application. The coupling of the<br>orthopaedic devices with the human body and the interaction<br>of assistive devices and neuromuscular drives receive special<br>attention. Principles of a bionic approach to joint replacement<br>and / or joint support and guidance are discussed, as well as<br>robotics strategies for limb replacement. The use of<br>orthopaedic devices in sports and the resumption of sports<br>participation after joint replacement will receive special<br>consideration. Technical vulnerabilities are identified and<br>potential solutions are discussed. Examination and testing<br>methods are explained in detail and deeply discussed in<br>practical exercises. |
| Central contents                               | Endoprostheses, exoprostheses, orthoses, insoles:     Structure and properties  |
|  | <ul> <li>Design and material behaviour/properties</li> <li>Used materials and components</li> <li>Sport-specific biomechanical requirements</li> <li>Test methods and risk analysis</li> <li>Production and Development</li> <li>Other orthopaedic aids</li> </ul>  |
| Key qualifications                             | Knowledge enhancement   |
| · ·  | Scientific expertise  |
|  | Problem management  |
| Teachingandlearning methods                    | Teacher-centered teaching   |
|  | <ul> <li>Processing of scientific papers</li> </ul>   |
|  | Gestlectures  |
| Recommended literature                         |   |
| Type of module                                 | compulsory  |
| Prerequisites                                  | See Overview Prerequisites  |
| Intermediate assessment                        | Oral presentation of scientific papers  |
| Assessment / extent / share of the module      | Written examination   |
|  |   |
| grade  |   |





Study Programm:

Valid for first-year students:

Technology II – Footwear, apparel and playing surfaces M.Sc. Human Technology in Sports and Medicine (M.Sc. TSM) Winter term 2014/15 onward

| German module title  | Footwear, apparel and playing surfaces  |
|--|---|
| Abbreviation   | TSM6  |
| Subject related semester / Duration  | 2. SRS / 1  |
| Total Workload / Total ECTS points   | 180 h/6   |
| Courses of the module<br>Title<br>Semester hours per week / Contact time / Self-<br>study / Semester of study / Type of class /<br>Language of instruction / Mandatory<br>attendance | <ul> <li>a) Footwear and playing surfaces (sports and rehabilitation)<br/>2 SHW / 30 h / 30 h / 2. SRS / SE / English / no</li> <li>b) Apparel (sports and rehabilitation)<br/>2 SHW / 30 h / 30 h / 2. SRS / SE / English / no</li> <li>c) Management<br/>2 SHW / 30 h / 30 h / 2. SRS / SE / English / no</li> </ul>  |
| Key competencies / Learning outcomes   | Students will learn a bout the most important technologies of<br>athletic footwear and sport surfaces and critically revise<br>regarding the used materials and design features, forms and<br>functionalities. Next to sports surfaces in general (wood,<br>PVC,) natural playing surfaces and pitches will be analysed as<br>well as artificial turf systems as well as different skating<br>grounds surfaces (snow, ice). Weak technical points and risk<br>points will be highlighted and possible solutions will be<br>developed. Different options of testing and diagnosis will be<br>evaluated. Lab exercises are designed to deepen and practically<br>experience the acquired knowledge to concrete examples.<br>Similar to footwear and playing surfaces apparel for sport and<br>rehabilitation will be critically discussed from a physiological,<br>biomechanical and aerodynamic standpoint. The module is<br>complemented by studies of used materials and design<br>features as well as testing methods for most kinds of apparel.<br>The seminar on project management round the module. The<br>students willlearn and understand the principle pathway from<br>generating a project idea to formulating project aims,<br>developing the project structure, optimize project related work<br>flow and time scheduling, resource planning and finally budget<br>planning. |
| Central contents   | <ul> <li>Athletic and rehabilitative shoe technologies</li> <li>structure and properties</li> <li>design and material behavior</li> <li>raw materials</li> <li>sport-specific technologies, biomechanical requirements</li> <li>mechanical testing methods and properties, practical equipment based testing</li> <li>Technologies of sport and playing surfaces</li> <li>physical properties of materials and construction elements (electrical, magnetic, optical, thermal)</li> <li>sport-specific technologies, biomechanical requirements</li> <li>risk analysis</li> <li>testing and inspection</li> <li>production and development</li> <li>Technologies of apparel</li> <li>physical properties of materials and design elements</li> </ul>   |



| Key qualifications                              | <ul> <li>(thermal, aerodynamic)</li> <li>sport-specific apparel, biomechanical requirements</li> <li>testing and inspection</li> <li>Project management</li> <li>definition of aims, verbalization of aims</li> <li>stakeholder analysis</li> <li>risk management</li> <li>work breakdown structure (object-orientated, function-orientated, mixed)</li> <li>phase model, GANTT di agram, critical path method</li> <li>budget planning, budget management (cost-time-history, cost-sum-history)</li> <li>controlling (milestone-trend-analysis)</li> <li>Expertise</li> <li>Knowl edge enhancement</li> <li>Problem management</li> </ul> |
|---|--|
| Teaching and learning methods                   | <ul><li>teacher centered teaching</li><li>Group work</li></ul>   |
| Recommended literature                          |  |
| Type of module                                  | compulsory   |
| Prerequisites                                   | See <u>Overview Prerequisites</u>  |
| Intermediate assessment                         | oral presentations   |
| Assessment / extent / share of the module grade | Written examination  |
| Module commissioner                             | See Overview Module Commissioners  |



Study Programm:

Valid for first-year students:

Technology III – Sports equipment and instrumentation M.Sc. Human Technology in Sports and Medicine (M.Sc. TSM) Winter term 2014/15 onward

| German module title   | Sports equipment and instrumentation   |
|---|--|
| Abbreviation  | TSM7   |
| Subject related semester / Duration   | 2. SRS / 1   |
| Total Workload / Total ECTS points  | 180 h / 6  |
| Courses of the module   |  |
| Title<br>Semester hours per week / Contact time / Self-<br>study / Semester of study / Type of class /<br>Language of instruction / Mandatory<br>attendance | <ul> <li>a) Instrumentation technology</li> <li>2 SHW / 30 h / 60 h / 2. SRS / SE / English / no</li> <li>b) Sports and rehabilitation equipment</li> <li>2 SHW / 30 h / 60 h / 2. SRS / SE / English / no</li> </ul>  |
| Key competencies / Learning outcomes  | Students will learn a bout sustainable design and manufacturing<br>of products and technologies in sports and rehabilitation. They<br>discuss modern instrumentation technologies (smart devices,<br>instrumentation of a thletes and patients, instrumentation of<br>technical aids and equipment) and elaborate a dvantage and<br>disadvantages, strengths, weaknesses and technical limitations.<br>From that students will derive first i deas and concepts for<br>further and innovative instrumentation technologies.<br>Student will study the most important technologies of sport<br>and rehabilitation related equipment and will learn to critically<br>revise the used materials and design features, forms and<br>functionalities. Next to defined sport devices (e.g. gymnastics<br>tools, climbing devices, strength training apparatus,) mobile<br>devices and different vehicles will be analyzed. Weak technical<br>points and aspects with risk potential will be highlighted and<br>possible solutions will be developed. Different testing<br>procedures are explained in detail and practically experienced. |
| Central contents  | Testing designs<br>Mechanical testing and mechanical properties, practical<br>equipment tests<br>Analysis of risk and hazard<br>Physical properties of materials and structural elements of<br>sports equipment and instrumentation<br>• Electrical properties<br>• Magnetic Properties<br>• Optical Properties<br>• Thermal Properties<br>• Thermal Properties<br>• Structure and properties<br>• Design and material behavior<br>• Structure and properties<br>• Design and material behavior  |
| Key qualifications  | <ul> <li>Knowledge enhancement</li> <li>Technical expertise</li> <li>Problem management</li> </ul>   |
|   |  |
| Teachingandlearning methods   | Teacher based teaching, group work   |
| Teaching and learning methods<br>Recommended literature   | Teacher based teaching, group work   |



| Prerequisites                                   | See <u>Overview Prerequisites</u> |
|---|-----------------------------------|
| Intermediate assessment                         | Project presentations             |
| Assessment / extent / share of the module grade | Termpaper                         |
| Module commissioner                             | See Overview Module Commissioners |



Technology IV - Modeling and simulation

Study Programm:

Valid for first-year students:

M.Sc. Human Technology in Sports and Medicine (M.Sc. TSM) Winter term 2014/15 onward

| German module title  | Modeling and simulation   |
|--|---|
| Abbreviation   | TSM8  |
| Subject related semester / Duration  | 2. SRS / 1  |
| Total Workload/Total ECTS points   | 180 h/6   |
| Courses of the module<br>Title<br>Semester hours per week / Contact time / Self-<br>study / Semester of study / Type of class /<br>Language of instruction / Mandatory<br>attendance<br>Key competencies / Learning outcomes | <ul> <li>a) Multi body modeling</li> <li>2 SHW / 30 h / 60 h / 2. SRS / SE / English / no</li> <li>b) Finite element modeling</li> <li>2 SHW / 30 h / 60 h / 2. SRS / SE / English / no</li> </ul> The module is intended to bring the students to model dynamic  |
| Key competencies / Learning outcomes   | systems and use them for simulation. After an introduction to<br>the basic steps of the modeling method, deepening the<br>mathematical foundations will help to get a ccess to modelling<br>of human (sub-)movement. The methods used range from<br>forward dynamics and inverse dynamics methods to finite<br>element and multi-body dynamics.   |
| Central contents   | <ul> <li>Model Categories</li> <li>Mathematical and physical models</li> <li>Structural and statistical models</li> <li>Steps of the modeling method:</li> <li>From description to the application of the model<br/>(simulation)</li> <li>Advantages and disadvantages of modeling methods</li> <li>Special mathematical methods:</li> <li>Differential Equations</li> <li>Euler-Cauchy method</li> <li>Runge-Kutta method</li> <li>Forward dynamics</li> <li>Inverse dynamics</li> <li>Finite Elements</li> <li>Multi-body dynamics</li> </ul> |
| Key qualifications   | <ul> <li>Knowledge enhancement</li> <li>Methodological Expertise</li> <li>Problem management</li> </ul>   |
| Teaching and learning methods  | <ul><li>Frontal teaching</li><li>Group work</li></ul>   |
| Recommended literature   |   |
| Type of module   | compulsory  |
| Prerequisites  | See <u>Overview Prerequisites</u>   |
| Intermediate assessment  | Written exercises and written test examination  |
| Assessment / extent / share of the module<br>grade   | Written examination   |
|  |   |



Technology V - Performance diagnostics in sport, medicine and rehabilitation

Study Programm:

M.Sc. Human Technology in Sports and Medicine (M.Sc. TSM)

Valid for first-year students:

Winter term 2014/15 onward

| German module title  | Performance diagnostics in sport, medicine and rehabilitation  |
|--|--|
| Abbreviation   | TSM9   |
| Subject related semester / Duration  | 2. SRS / 1   |
| Total Workload/Total ECTS points   | 180h / 6   |
| Courses of the module<br>Title<br>Semester hours per week / Contact time / Self-<br>study / Semester of study / Type of class /<br>Language of instruction / Mandatory<br>attendance | <ul> <li>a) Biomechanical and physiological diagnostics</li> <li>2 SHW / 30 h / 60 h / 2. SRS / SE / English / no</li> <li>b) Biomedical diagnostics</li> <li>2 SHW / 30 h / 60 h / 2. SRS / TUT / English / no</li> </ul>   |
| Key competencies / Learning outcomes   | Students should acquire knowledge about the most<br>important methods for athletic testing and biomechanical<br>and physiological diagnoses. This includes the usage of<br>appropriate devices and tools from motion capturing<br>techniques via gas exchange analyses to is okinetic strength<br>measurements.<br>Students should get to know diagnostic tools for physical<br>performance to use in sports and clinical environments.<br>The accompanying tutorial provides the opportunity to<br>familiarize themselves with the practical and effective<br>application of the introduced testing methods and diagnostic<br>tools.  |
| Central contents   | <ul> <li>Physical measurement technologies</li> <li>distance, time, velocity, acceleration, temperature, airpressure, atmospheric humidity, concentration of oxygen, carbon dioxide and nitrogen, force, pressure</li> <li>Electronic measurement technologies</li> <li>voltage, current, resistance</li> <li>electric fields</li> <li>is olation, conductivity</li> <li>Material properties</li> <li>stiffness, hysteresis</li> <li>Physiological measurement technologies</li> <li>electrical potentials: EMG, ECG, EEG</li> <li>medical imaging methods: pQCT, Micro-CT, Ultrasound</li> <li>muscle strength measurements: isometric, isokinetic and dynamic</li> <li>blood count, bloodgas, hormones, enzymes</li> <li>Spiroergometry (gas exchange analysis)</li> </ul> |
| Teaching and learning methods  | teacher-centered teaching, problem based learning<br>group work, project work  |
| Recommended literature   |  |
| Type of module   | compulsory   |
| Prerequisites  | See Overview Prerequisites   |
| Intermediate assessment  |  |
| Assessment / extent / share of the module  | Written examination  |



| grade              |                                   |
|--------------------|-----------------------------------|
| Modulecommissioner | See Overview Module Commissioners |



Research methods and application

Study Programm:

Valid for first-year students:

M.Sc. Human Technology in Sports and Medicine (M.Sc. TSM) Winter term 2014/15 onward

| Subject related semester / Duration<br>Total Workload / Total ECTS points<br>Courses of the module<br>Title<br>Semester hours per week / Contact time / Self- | TSM10<br>3. SRS / 1<br>180 h / 6<br>a) Ethics, technology and research in humans   |
|---|--|
| Total Workload / Total ECTS points<br>Courses of the module<br>Title<br>Semester hours per week / Contact time / Self-  | 180 h / 6  |
| Courses of the module<br>Title<br>Semester hours per week / Contact time / Self-  |  |
| Title<br>Semester hours per week / Contact time / Self-   | a) Ethics technology and research in humans  |
| Semester hours per week / Contact time / Self-  | a) Ethics technology and research in humans  |
|   |  |
|   | 2 SHW / 30 h / 60 h / 3. SRS / SE / English / no   |
| study / Semester of study / Type of class /   | b) Research methods  |
| Language of instruction / Mandatory   | 2 SHW / 30 h / 60 h / 3. SRS / SE / English / no   |
| attendance  |  |
| Key competencies / Learning outcomes  | The students should elaborate ethical problems in the<br>human technology interaction, will discuss models of an<br>ethical evaluation of socio-technological arrangements and<br>learn how to deal with serious moral questions in recent and<br>future technological changes. These objectives will strongly<br>focus the medical and the sport fields both from a<br>perspective of technical assistance in daily life or<br>recreational activity and a perspective of technically induced<br>performance enhancement in competitive sport or even at<br>the workplace.<br>The students will learn or consolidate the most relevant<br>research methods from natural science, medical and<br>biological science and sport science. They acquire<br>competence in descriptive, experimental and modeling<br>methods. Furthermore research plans and study designs of<br>descriptive and experimental approaches will be elaborated. |
| Central contents  | <ul> <li>Models to evaluate socio-technological arrangements</li> <li>Ethical problems in the human-technology-interaction</li> <li>Moral questions in recent and future technological changes</li> <li>Technical assistance and performance enhancement</li> <li>Research methods (description, experiment, model)</li> <li>Research plans and study designs</li> <li>Prospective and retrospective design</li> </ul>   |
| Toachingand loarning methods  | teacher-centered teaching, problem based learning  |
| Teachingand learning methods Recommended literature   | teacher-centered teaching, problem based reaming   |
|   | compulsory   |
| ••  | compulsory   |
|   | See Overview Prerequisites   |
|   | Oral presentation  |
| Assessment / extent / share of the module grade   | Written examination  |
| Modulecommissioner  | See Overview Module Commissioners  |



Study Programm:

Valid for first-year students:

Sports technology project – applied research methods M.Sc. Human Technology in Sports and Medicine (M.Sc. TSM) Winter term 2014/15 onward

| German module title  | Analysis and Diagnostics  |
|--|---|
| Abbreviation   | TSM11-I   |
| Subject related semester / Duration  | 3. SRS / 1  |
| Total Workload/Total ECTS points   | 360 h / 12  |
| Courses of the module<br>Title<br>Semester hours per week / Contact time / Self-<br>study / Semester of study / Type of class /<br>Language of instruction / Mandatory<br>attendance | <ul> <li>a) Applied research methods</li> <li>2 SHW / 30 h / 90 h / 3. SRS / SE / English / no</li> <li>b) Sports technology</li> <li>6 SHW / 90 h / 150 h / 3. SRS / SE / English / no</li> </ul>  |
| Key competencies / Learning outcomes   | The students learn to transfer and adapt the research<br>methods to a given research project. Based on the research<br>question they learn how to derive the hypotheses and the<br>related methods. The applied research methods are related<br>to the project design, the measuring techniques and the<br>statistical or analytical methods.<br>A given project from the field of sports should develop a new<br>or modify an existing sports equipment or assistive<br>technology or evaluate an existing technical solution. This<br>includes the design of the product, the choice of appropriate<br>materials and design elements, the construction and finally<br>the evaluation. This entire process should exemplarily be<br>carried out by groups of 3 to 6 students within a student's<br>project.<br>Besides acquiring the competence in developing a product<br>the students practice project management (planning,<br>controlling), collaboration, communication, critical thinking<br>and presentation skills.<br>The necessary theoretical background for the projects is<br>acquired in the accompanying seminar Properties of a<br>variety of materials and design elements are tested and<br>failure risks are evaluated. |
| Central contents   | <ul> <li>Development of new or modification of an existing sports equipment or assistive technology</li> <li>Realization of an idea</li> <li>Design and construction of a product</li> <li>Evaluation of the product</li> <li>Generating a report of the results</li> </ul>   |
| Key qualifications   |   |
| Teaching and learning methods  | project and problem based learning, group work  |
| Recommended literature   |   |
| Type of module   | elective  |
| Prerequisites  | See <u>Overview Prerequisites</u>   |
| Intermediate assessment  | Oral presentation   |
| Assessment / extent / share of the module grade  | Project report and documentation  |
| Module commissioner  | See Overview Module Commissioners   |
|  |   |





Study Programm:

Valid for first-year students:

Technology in medicine project – applied research methods M.Sc. Human Technology in Sports and Medicine (M.Sc. TSM) Winter term 2014/15 onward

| German module title  | Construction and Evaluation  |
|--|--|
| Abbreviation   | TSM11-II   |
| Subject related semester / Duration  | 3. SRS / 1   |
| Total Workload/Total ECTS points   | 360 h / 12   |
| Courses of the module<br>Title<br>Semester hours per week / Contact time / Self-<br>study / Semester of study / Type of class /<br>Language of instruction / Mandatory<br>attendance | <ul> <li>a) Applied research methods</li> <li>2 SHW / 30 h / 90 h / 3. SRS / SE / English / no</li> <li>b) Medical technology</li> <li>6 SHW / 90 h / 150 h / 3. SRS / SE / English / no</li> </ul>  |
| Key competencies / Learning outcomes   | The students learn to transfer and adapt the research methods<br>to a given research project. Based on the research question<br>they learn how to derive the hypotheses and the related<br>methods. The applied research methods are related to the<br>project design, the measuring techniques and the statistical or<br>analytical methods.<br>A given project from the field of medicine should develop a<br>new or modify an existing medicine equipment or assistive<br>technology or evaluate an existing medical solution. This<br>includes the design of the product, the choice of appropriate<br>materials and design elements, the construction and finally the<br>evaluation. This entire process should exemplarily be carried<br>out by groups of 3 to 6 students within a student's project.<br>Besides acquiring the competence in developing a product the<br>students practice project management (planning, controlling),<br>collaboration, communication, critical thinking and<br>presentation skills.<br>The necessary theoretical background for the projects is<br>acquired in the accompanying seminar Properties of a variety<br>of materials and design elements are tested and failure risks<br>are evaluated. |
| Central contents   | <ul> <li>Development of new or modification of an existing medicine equipment or assistive technology</li> <li>Realization of an idea</li> <li>Design and construction of a product</li> <li>Evaluation of the product</li> <li>Generating a report of the results</li> </ul>  |
| Teaching and learning methods  | project and problem based learning, group work   |
| Recommended literature   |  |
| Type of module   | elective   |
| Prerequisites  | See Overview Prerequisites   |
| Intermediate assessment  | Oral presentation.   |
| Assessment/extent/share of the module grade  | Project report and documentation   |
| Module commissioner  | See Overview Module Commissioners  |





Study Programm:

Internship

Valid for first-year students:

M.Sc. Human Technology in Sports and Medicine (M.Sc. TSM) Winter term 2014/15 onward

German module title Internship Abbreviation TSM12 Subject related semester / Duration 3. SRS / 1 Total Workload / Total ECTS points 360 h/12 Courses of the module Title Semester hours per week / Contact time / Selfstudy / Semester of study / Type of class / Language of instruction / Mandatory attendance Key competencies / Learning outcomes The students will explore a relevant issue in the industrial sector. The industry internships and the other internships are used to collect practical experience. The internship is before 4 Semester provided. Central contents • project planning • project management financing • practical experience • "real world problems" • Key qualifications • **Problem identification** • Problem management Teaching and learning methods • practical work **Recommended** literature Type of module compulsory **Prerequisites** See Overview Prerequisites Intermediate assessment Assessment / extent / share of the module written report grade Module commissioner See Overview Module Commissioners



Master Thesis

Study Programm:

M.Sc. Human Technology in Sports and Medicine (M.Sc. TSM)

Valid for first-year students:

Winter term 2014/15 onward

| German module title  | Thesis   |
|--|--|
| Abbreviation   | TSM13  |
| Subject related semester / Duration  | 4. SRS / 1   |
| Total Workload / Total ECTS points   | 900 h / 30   |
| Courses of the module<br>Title<br>Semester hours per week / Contact time / Self-<br>study / Semester of study / Type of class /<br>Language of instruction / Mandatory<br>attendance | Scientific paper writing<br>2 SHW / 30 h / 60 h / 4. SRS / SE / English / no   |
| Key competencies / Learning outcomes   | For completing their masters degree, students will work on a scientific topic and realize their task in a publishable manner. This work will include theoretical foundation, defining a specific problem, empirical data collection, as well as analysis and interpretation of the results. Seminars will accompany the students' work and offer relevant knowledge and skills. The preceding industrial internship should facilitate the access to relevant scientific questions, which will be dealt with in a project.  |
| Central contents   | <ul> <li>Databases and access to literature         <ul> <li>Internet research (databases, search engines, etc.)</li> <li>Categories: original articles, handbooks, textbooks, scientific databases</li> <li>Impact-factors</li> </ul> </li> <li>Problem/Hypotheses definition</li> <li>Critical choice of study methods         <ul> <li>Quality criteria and informative value</li> <li>Availability and reliability</li> </ul> </li> <li>Publishing         <ul> <li>Searchingfor relevant journals</li> <li>Adapting to the chosen journal's requirements</li> </ul> </li> </ul> |
| Key qualifications   | <ul> <li>Independent problem definition and problem<br/>solutions</li> </ul>   |
| Teaching and learning methods  | <ul> <li>Group work</li> <li>Presentation</li> <li>Discussion</li> </ul>   |
| Recommendedliterature  |  |
| Type of module   | compulsory   |
| Prerequisites  | See <u>Overview Prerequisites</u>  |
| Intermediate assessment  | Written exercises  |
| Assessment / extent / share of the module grade  | Master Thesis (27 CP)  |
| Modulecommissioner   | See Overview Module Commissioners  |