

Study programme:	M.Sc. Psychology in Sport and Exercise (M.Sc. PSE)
Examination regulations by:	2007/04/01 in its respectively valid version
Valid for first-year students:	Winter term 2021/22 onward
Version:	Mai 2021

Module	SRS	Courses (type of class)	SHW	CP ¹ /WLH
PSE1	1.	Introduction in Psychology, Sport and Exercise (review course) Revision course on sport science, psychology and research methods (LEC) Revision course on sport science, psychology and research methods (TUT) Nobel laureates of sport and psychology (SE)	3 1 1 1	5/150
PSE2	1./2.	Research Methods: Advanced Studies 1 Statistics Lectures Series (LEC) 1 Tutorial Software aided application of advanced statistics (TUT) 2 Measurement and research design (SE) 2 Tutorial Software aided study conduction (TUT)	7 1 3 2 1	13/390
PSE3	1./2.	Diagnostics, Intervention and Evaluation 1 Diagnostics, intervention and evaluation (LEC) 1 Diagnostics, intervention and evaluation in research settings (TUT) 2 Diagnostics, intervention and evaluation in applied settings (TUT)	5 2 2 1	11/330
PSE4	1./2.	Mind, Motion and Performance 1 Mind, motion and performance/Interaction of action, cognition and perception (LEC) 1 Research in mind, motion and performance (SE) 2 Diagnostics and interventions in mind and motion in sports (TUT)	6 2 2 2	9/270
PSE5	1./2.	Motivation, Emotion and Adherence 1 Phenomena, theories and fields of application (LEC) 2 Diagnostics and enhancement of motivation and emotion (SE) 2 Change processes in motivation and emotion (TUT)	6 2 2 2	9/270
PSE6	2./3.	Relationships, Teams and Group Dynamics 2 Phenomena, theories and fields of application (LEC) 2 Enhancing social relationships: Treatments, interventions and evaluation in research and applied settings (Part 1 – group oriented) (SE) 3 Enhancing social relationships: Treatments, interventions and evaluation in research and applied settings (Part 2 – coach & parent oriented) (SE)	6 2 2 2	9/270
PSE7	2./3.	Emotion, Cognition, and Performance 2 Emotion, cognition, HRV, PTLID (LEC) 3 Applied HRV: HRV measurement and interpretation (TUT) 2 Emotion/cognition at the brain level (SE)	6 2 2 2	9/270
PSE8	3./4.	Stress, Mental Health and Wellbeing 3 Stress, mental health and wellbeing in sport and exercise psychology (LEC) 3 Diagnostics in stress, mental health and wellbeing (SE) 4 Coaching and stress management skills improving mental health and wellbeing (TUT)	6 2 2 2	9/270
PSE9	3.	Perception, Cognition and Psychophysiology Core processes of perception and cognition (LEC) Psychophysiology of perception and cognition (SE) Applied psychophysiology (TUT)	6 2 2 2	9/270
PSE10	3.	Scientific Project (choose 1 out of 4) 3. 10.1 Health and social psychology (TUT) - Relationships, teams and group dynamics <i>or</i> - Motivation, emotion and stress and mental health 3. 10.2 Performance psychology (TUT) - Emotion, cognition, psychophysiology, performance <i>or</i> - Action, cognition, perception, performance 1.-3. Participation in studies (TUT)	3 2 2 1	9/270
PSE11	4.	Master Thesis Colloquium (SE)	2 2	28/840
Total			58	120/3600

Abbreviations: PSE = Psychology in Sport and Exercise, SRS = subject-related semester, SHW = semester hours per week, CP = credit points, WLH = workload hours, LEC = lecture, SE = seminar, TUT = exercise/tutorial, FT = field trip

Comments: The specifications regarding the academic performances and examination results as well as the attendance requirements are listed in the module handbook.

¹ A credit point corresponds to a workload of 30 hours, which can be achieved by attendance of lectures, seminars and courses as well as by means of self-study (e.g. preparatory- and follow-up work, tutorials etc.).