

Study programme:	M.Sc. Psychology in Sport and Exercise (M.Sc. PSE)
Examination regulations by:	2007/04/01 in its respectively valid version
Valid for first-year students:	Winter term 2023/24 onward
Version:	Mai 2023

Module	SRS	Courses (type of class)	SHW	CP ¹ /WLH
PSE1	1.	Introduction in Psychology, Sport and Exercise (review course) Revision course on sport science, psychology and research methods (TUT) Nobel laureates of sport and psychology (SE)	2 1 1	5/150
PSE2	1./2.	Research Methods: Advanced Studies 1 Statistics Lectures Series (LEC) 1 Tutorial Software aided application of advanced statistics (TUT) 2 Measurement and research design (SE) 2 Tutorial Software aided study conduction (TUT)	7 1 3 2 1	13/390
PSE3	1./2.	Diagnostics, Intervention and Evaluation 1 Diagnostics, intervention and evaluation (LEC) 1 Diagnostics, intervention and evaluation in research settings (TUT) 2 Diagnostics, intervention and evaluation in applied settings (TUT)	5 2 2 1	11/330
PSE4	1./2.	Mind, Motion and Performance 1 Mind, motion and performance/Interaction of action, cognition and perception (LEC) 1 Research in mind, motion and performance (SE) 2 Diagnostics and interventions in mind and motion in sports (TUT)	6 2 2 2	9/270
PSE5	1./2.	Motivation, Emotion and Adherence 1 Phenomena, theories and fields of application (LEC) 2 Diagnostics and enhancement of motivation and emotion (SE) 2 Change processes in motivation and emotion (TUT)	6 2 2 2	9/270
PSE6	2./3.	Relationships, Teams and Group Dynamics 2 Phenomena, theories and fields of application (LEC) 2 Enhancing social relationships: Treatments, interventions and evaluation in research and applied settings (Part 1 – group oriented) (SE) 3 Enhancing social relationships: Treatments, interventions and evaluation in research and applied settings (Part 2 – coach & parent oriented) (SE)	6 2 2 2	9/270
PSE7	2./3.	Emotion, Cognition, and Performance 2 Emotion, cognition, HRV, PTLID (LEC) 3 Applied HRV: HRV measurement and interpretation (TUT) 2 Emotion/cognition at the brain level (SE)	6 2 2 2	9/270
PSE8	3./4.	Stress, Mental Health and Wellbeing 3 Stress, mental health and wellbeing in sport and exercise psychology (LEC) 3 Diagnostics in stress, mental health and wellbeing (SE) 4 Coaching and stress management skills improving mental health and wellbeing (TUT)	6 2 2 2	9/270
PSE9	3.	Perception, Cognition and Psychophysiology Core processes of perception and cognition (LEC) Psychophysiology of perception and cognition (SE) Applied psychophysiology (TUT)	6 2 2 2	9/270
PSE10	3.	Scientific Project (choose 1 out of 4) 3. 10.1 Health and social psychology (TUT) - Relationships, teams and group dynamics <i>or</i> - Motivation, emotion and stress and mental health <i>or</i> 3. 10.2 Performance psychology (TUT) - Emotion, cognition, psychophysiology, performance <i>or</i> - Action, cognition, perception, performance 1.-3. Participation in studies	2 2 2	9/270
PSE11	4.	Master Thesis Colloquium (SE)	2 2	28/840
Total			54	120/3600

Abbreviations: PSE = Psychology in Sport and Exercise, SRS = subject-related semester, SHW = semester hours per week, CP = credit points, WLH = workload hours, LEC = lecture, SE = seminar, TUT = exercise/tutorial, FT = field trip

Comments: The specifications regarding the academic performances and examination results as well as the attendance requirements are listed in the module handbook.

¹ A credit point corresponds to a workload of 30 hours, which can be achieved by attendance of lectures, seminars and courses as well as by means of self-study (e.g. preparatory- and follow-up work, tutorials etc.).