General Introduction
The German Sport University Cologne offers nine consecutive Master’s programmes, which complement and deepen scientific knowledge. On completion, the students are awarded either the internationally recognised title of Master of Arts (M.A.) or Master of Science (M.Sc.). Each programme has a regular duration of four semesters in which 120 credit points must be gained. The programmes are accredited as full-time, on-site degrees and have a limited number of participants. At present 30 places are available per degree course. The intake is once per year in the winter semester.

www.dshs-koeln.de/master

The Master’s Programmes at the German Sport University Cologne
M.Sc. Sport Management
M.Sc. Sporttourismus und Erholungsmanagement
M.A. Rehabilitation, Prävention und Gesundheitsmanagement
M.A. Sport- und Bewegungsgerontologie
M.A. Sport, Medien- und Kommunikationsforschung
M.Sc. Human Technology in Sports and Medicine
M.Sc. Exercise Science and Coaching
M.Sc. Psychology in Sport and Exercise
M.A. International Sport Development and Politics

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German Sport University Cologne
The German Sport University Cologne combines qualified teaching and international research of the highest level. It is the only university in Germany that is dedicated exclusively to the world of sport and exercise science. All aspects of the exciting field of sport and exercise science are studied in detail at 20 institutes, four affiliate institutes and nine academic centers.
The M.Sc. Psychology in Sport and Exercise comprises aspects of psychology, sport and health from an international perspective. The course will provide the academic knowledge and foundational research skills necessary to pursue careers in research or applied fields.

www.dshs-koeln.de/master-pse

**Target Group**
- Are you interested in combining sport and psychology?
- Are you interested in scientific thinking and working?
- Are you interested in practical application of research?

The M.Sc. Psychology in Sport and Exercise targets graduates with a degree in sport science or psychology. Students should be interested in scientific thinking and working (e.g. conducting experiments) and theory- and research-based practical application (e.g. coaching of athletes and teams). Students are educated towards an integrated degree of sport and exercise psychology.

**Qualification Goals**

**Knowledge:** Graduates will have an in-depth understanding of psychological and sport-related constructs, models and theories, particularly those that integrate both disciplines. Furthermore, graduates will possess a profound aptitude for research and applied work (e.g. methods, statistics, diagnostics intervention and evaluation). **Comprehension:** Graduates will be proficient at interpreting and analyzing information from a scientific perspective. **Application:** Graduates will be able to transfer their knowledge into context-specific practical skills for use within research settings or during sport psychology counseling. **Analysis:** Graduates will be capable of analyzing and comparing different approaches in scientific and applied work. **Conjunction:** Graduates will be able to identify complex problems in the field of sport and exercise psychology and create appropriate scientific strategies to address them. **Evaluation:** Graduates will be able to predict and justify the consequences of interventions and treatments and use scientific results to evaluate and interpret their impact.

**Study Programme**

Students must attend 11 modules. The first module (PSE 1) is a review course to ensure students have an equal knowledge base in sport science and psychology. The subsequent modules focus on general research skills (PSE2, PSE3) and the theoretical and applied foundations of varying topics (PSE4 – PSE9). The final two modules (PSE10, PSE11) involve individual research into topics of personal interest.

Details of the degree structure and content in the study plan and module handbook can be found under:

www.dshs-koeln.de/studydocuments_en

**Career Perspectives**

Graduates of the master programme will be eligible for further study or employment (e.g. as a PhD student or lecturer) in research institutions oriented towards the fields of motion-, neuro-, health or cognitive science. Graduates looking to pursue a career in the applied setting may consider a career as a sport psychological expert, providing performance and personal development support to professional and recreational athletes or clients outside of the sport setting. Aside from self-employment, potential employers include many associations, clubs and support centres for competitive sports, reflecting the growing demand for sport psychology consultants. Furthermore, potential employers search specifically for sport psychologists with a research background, as ensuring effective diagnostics and interventions (including quality management and evaluation) is an essential field. As such, the Psychology in Sport and Exercise master will lay the foundation for independent planning, implementation and evaluation of sport psychology-oriented diagnostics and interventions.

The M.Sc. Psychology in Sport and Exercise degree allows for consecutive postgraduate studies earning a doctor’s degree:

www.dshs-koeln.de/promotion

**Admission Requirements**

The following requirements apply to the M.Sc. Psychology in Sport and Exercise:
- completion of an undergraduate degree in Psychology, Sports Science or another related field of study (180 credit points) at a German state university or a similar qualification from a foreign university
- proof of eligibility by means of an above average final grade (at least 2.5 in the German grading system or Grade B according to ECTS)
- certified English language proficiency (see homepage for TOEFL and IELTS scores)
- Passing the physical aptitude test is not an admission requirement.

To apply for the M.Sc. Psychology in Sport and Exercise as well as to get more details about the admission criteria regarding the eligibility of undergraduate degrees and required credit points please see the following link for further information:

www.dshs-koeln.de/master-pse > Admission requirements

**Tuition and fees**

The semester fee amounts to less than 300€ and includes a semester ticket covering public transportation in the state of North Rhine-Westphalia plus use of the sports facilities on campus.

**Application**
- only for the winter semester
- online application
- electronic application for admission is complemented with additional documents (PDF upload)
- application deadlines:
  - for GER & EU citizens: 15th July
  - for non-EU citizens: 31st May

For further information please see:

www.dshs-koeln.de/master-pse > Application