Strength and Conditioning Coach
Professional Football Japan

fastforward.football is a new globally acting agency for integrated performance concepts, especially in the field of professional football.

Based on long and proven experience in high performance we offer a unique platform and concept to deliver the latest insights and expert guidance in sports science, medicine, nutrition and neurosciences.

fastforward.football is looking for a Head Strength and Conditioning Coach of a professional football team Japan, who will work under fastforward.football guidance to implement a groundbreaking and structured strength, fitness and conditioning program.

This role will enable you to work within the sports medicine and science interdisciplinary team, promoting high standards of health, well-being and medical care.

If you are willing to move to Japan for at least 2 years, THIS IS YOUR CHANCE to make your mark in the professional soccer world as a S&C Coach.

Duties & Responsibilities

Under the supervision of fastforward.football: develop, design and implement strength training programs unique to soccer and to each individual player.

- Assist Head Coach with the scheduling of team and individual strength & conditioning training sessions.
- Communicate with medical staff to review injury reports and assist with the modification of training protocols during the return to play process.
- Provide nutrition counseling/assessments for team and designated players.
- Direct appropriate pre-training session and pre-contest movement preparations and warm-ups. On and off the field.

Required Qualifications (Job Knowledge, Skills, and Education):

- A minimum education level of: Bachelor/Master Degree Sports Science or related
- A minimum of 2 years work experience in a related field
- Previous experience delivering Strength and Conditioning with athletes, soccer specific is a plus
- Knowledge of applied physiology and biomechanics
- Applied Sports Science support to elite individual or team sport athletes
- Travel and provide support to the team for all home and away games
- Delivering to developmental athletes within a performance setting
- Good communication and presentation skills
- Excellent team-working skills
- English fluency required

Preferred Qualifications:

- Working as part of a multi-disciplinary team
- Exhibit appropriate communication techniques
- Japanese language skills are a plus

Get in touch! We are looking forward to hearing from you!

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